

# Your Child At 36 months DEVELOPMENTAL CHECK



## Social/ Emotional

- Calms down within 10 minutes after you leave them (e.g., childcare drop off)
- Notices other children and joins them to play
- Shows concern and affection for others
- Understand the concept of “mine” and “yours” – may have trouble sharing
- Enjoys routines and gets upset with major change
- Shows a wide range of feelings

## Language/ Communication

- Says first name, when asked and can name a friend
- Follows two- or three-part instructions
- Asks “why,” “where,” “what,” “when,” and “how” questions
- Understands words such as “in,” “on,” and “under”
- Says words like “I,” “me,” “you,” and “we” and uses some plurals
- Talks clearly enough to be understood by strangers
- Understands most requests and most of what is said to them

## Cognitive

- Matches and sorts objects by shape and color
- Plays make-believe with dolls, animals, and people
- Uses imaginative to create stories or play
- Does puzzles with three or four pieces
- Works toys with buttons, levers, and moving parts
- Grasp the concept of “two” (e.g., understand having two cookies rather than one)
- Begins to have a clearer sense of time (e.g., daytime vs. nighttime)

## Adaptive

- Eats independently
- Uses napkin to wipe face or hands
- Uses utensils with ease
- Pours liquids from one container to another
- Verbalizes toilet needs and may be toilet trained/training
- Puts on shoes without laces – can take shoes and socks off
- Knows how to dress and undress themselves – can unbutton, unzip, and unsnap some clothes

## Movement/ Physical

- Walks up and down stairs with one foot on each step
- Jumps with both feet and may hop on one foot
- Pedals tricycle or three-wheel bike
- Climbs and runs well
- Screws and unscrews lids
- Bends over easily
- Turns pages of a book one at time
- Holds pens and pencils using thumb and forefinger
- Can build a tower of 6 of more blocks